



# Be Your Best

An offsite for leaders who want to  
unlock their best possibilities

23rd September 2025

The Møller Institute  
Churchill College, University of Cambridge



NICOLA ELLWOOD

BE YOUR BEST



Lead as the leader you want to be

Lead as the leader who others want to join on the journey

Lead as the version of you who will achieve what you want

Develop strategies to live, breathe and be your best

*You have it all within you, and whatever you think you are,  
you are much more than that!*



# Outcomes

1

Would you like to connect to a deeper level of self-awareness - and, importantly, be able to do something with what you find?

Discover your true best self - how you 'live' that version of you consistently. Explore the parts of you that get in your own way - and develop strategies to overcome them - so supercharging your potential and your possibilities.

2

Would you like to be clear on what you want - for your life, your role, your career, what you're leading...for who you are, when you lead as your best?

Step into that future now - as if you're there. Unlock a deep motivation and momentum for it all.

3

Would you like to discover your PRINT® - the next generation tool that unveils the 'why' behind you at your best - for many, an 'ah-ha moment' and the game-changing insight that shifts everything?

4

Would you like to join a group of peers, leaders who, like you, are wishing to lead themselves and their role, as their best?

## Hi, I'm Nicola Ellwood



A Master Executive Coach (MSc FMAC ANLP). With over 20 years of experience, training and practice - and a toolbox crammed full of tools. To my joy, I've worked with clients globally in every sector and most industries - VP, CEOs and their exec teams - helping them lead personally and collectively as their best.

Join me for a one-day experience in the beautifully inspiring setting of Cambridge University's Møller Institute, where we'll explore who you are at your best and the unique resources you have within you to lead as that version consistently.

I absolutely love helping my exec clients be their professional best, and I look forward to meeting you.

**Date: Tuesday 23rd September 2025**  
**Time: 09:30 - 16:00**

**Cost £475 + VAT per person**

Spaces limited to 12.

Secure my space



**"I feel a more conscious leader with a renewed and clearer focus on bringing my best-self to my work, for myself and others. Become an authentic version of your best self, with Nicola and with PRINT®."**

E. Colwill, Global Business Development Director,  
Pukka Herbs



Nicola Ellwood | Be your Best  
[nicolaellwood.co.uk](http://nicolaellwood.co.uk)